



KidsPlex 1 Day Camps 2009-2010

At the Triangle SportsPlex



Welcome to our 1 Day Camps and to our KidsPlex Family!

Our daily goal is to provide your child with a socially stimulating and physically challenging program, maintaining high standards for your child's safety and well-being in the process. To meet our goal, we need your help as well. We ask that you please support your child's participation in the KidsPlex Summer Camp by consistently complying with the following program guidelines.

Sign-In/Out:

- On the first day you sign in your child, a counselor will provide you with information about the sign in/out process.
- Additionally, detailed sign in/out information is on the back of each week's daily schedule, available at sign in on Monday.
- Sign in opens at 7:30am and the camp day ends at 6:00pm. All children must be signed out by this time. A Late Fee of \$1/minute/child is charged after 6:00pm and must be paid before you sign-out your child.

Clothing: Every day your child should be dressed for active play.

- Closed toe shoes are required, **no sandals or open-toed shoes**. While we do allow Crocs or Croc-like shoes, we do not recommend them. They have no arch support and frequently fall off, even break; during active play (running, jumping rope, playing ball, etc.)
- We ask that your child be appropriately dressed; no clothing which is too revealing of his/her body; such as low cut tops, very short hems, belly-revealing tops and bottoms, etc, or clothing that is too restrictive during play, such as too-tight dresses or pants.
- Please be sure your child comes prepared daily for his/her activity; towel and swim suit for swim days; long socks and warm clothes, including a jacket/coat for ice skating. If your child needs long pants, please make sure the pants can be pulled up over whatever she/he is wearing (sweat pants are the best). We do not go to separate changing rooms to dress for ice skating.
- For kindergarteners and 1st graders, we also suggest you send a full change of clothes, including underwear and socks, in case of an 'accident'.

Participation: Because the 'heart' of all KidsPlex Camps is swimming and ice-skating, every child is required to dress out daily.

- While we do allow a child to choose to not participate, s/he must stay close to his/her group. For ice skating, this means sitting next to the ice in the 'sharkie' box; for swimming, sitting on the edge of the pool with feet in the water.
- On any day that your child is sick or injured, and it is unsafe for him/her to ice skate or swim, or you are picking him/her up before or during the activity, please provide a written, signed and dated note at sign-in, authorizing us to not require him/her to dress out. S/he will still stay with his/her group during the activity and/or until picked up.

Lunch: You may either

- Send your child with a nutritious, sufficient, and ready to eat 'bag' lunch each day (s/he is burning a lot of calories). We do not provide refrigeration or microwaving. **OR**
- Buy him/her a lunch from our SnackPlex. The menus are at the front desk and you will pay there.

Snacks: We provide at least 2 snacks, including fresh fruit, daily. Please let us know if your child has any food restrictions.

Games, Toys, Cell Phones, Money, etc.: Daily, during the time your child is in the 1 Day Camps program,

- All toys, games (including electronic), comics, teen magazines, graphic novels, etc. your child may have in his/her book bag must stay there.
- If you have provided your child with a cell phone, it must be turned off and in his/her book bag. If s/he needs to call you, we will provide a phone. If you need to talk to him/her, please call the front desk and ask them to radio us.
- Any money your child may have in his/ her book bag must stay there.
- If your child has any of the above items out of the book bag, s/he will be required to give it to a counselor and it will be returned to you at pick-up time.

Pick-up Procedures: On the first day you pick up your child, we will guide you through the pick up process. Please come prepared to show picture ID to a counselor. No one under the age of 18 may pick up your child.

Please let us know if you have any questions or need more information.

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